








# DR ALAN M GRAY

I am a Consultant Clinical Psychologist specialising in the assessment and treatment of neurological conditions. I have worked in specialist neuropsychology services for almost 20 years, including NHS and independent-sector services, as well as medicolegal practice. I specialise in the delivery of neuropsychological input for the purposes of differential diagnosis, treatment planning, psychotherapy, brain injury education, cognitive rehabilitation, behaviour management, and assessments of mental capacity, cognition, mental health, and risk. I work across a range of care settings and across the full spectrum of neurodisability and complexity. I work both independently and as part of a multidisciplinary team. In addition to my clinical roles, I am an honorary lecturer in neuropsychology at the University of Sheffield and have previously held teaching and examination roles at the universities of Birmingham and Lancaster. I have published in peer-reviewed journals and presented at international conferences. I am strongly committed to providing patient care that is empathic, person-centred, and evidence-based.

## PERSONAL DETAILS







-  **Name**  
Dr Alan M Gray
-  **Address**  
Prama House, 267 Banbury Road  
Oxford, OX2 7HT
-  **Phone number**  
01865 570 638
-  **Email**  
alan.gray@gray-matter.org.uk
-  **Website**  
www.gray-matter.org.uk

## SERVICES OFFERED

- Cognitive assessment
- Diagnostic assessment
- Assessments of mental capacity
- Occupational health assessment
- Cognitive rehabilitation
- Talking therapies
- Behaviour management
- Brain injury education
- Caregiver support
- Staff training and support
- Clinical supervision
- Service evaluation and audit
- Expert witness reports



## WORK EXPERIENCE

-  Jul 2024 - Present  
**Consultant Clinical Psychologist**  
Gray Matter Neuropsychology Services, Oxford, UK  
  
Owner and clinician providing assessment and rehabilitation services to people with neurological impairment across Oxfordshire and surrounding counties.
-  Jul 2024 - Present  
**Principal Clinical Psychologist**  
Berkshire Healthcare NHS Foundation Trust, Reading, UK  
  
Service Lead for NHS inpatient and outpatient neuropsychology services across Berkshire. My clinical roles include providing inpatient neurorehabilitation as well as outpatient cognitive assessments. I act as manager and supervisor to other Clinical Psychologists.
-  Oct 2019 - Jul 2024  
**Consultant Clinical Psychologist**  
Headwise, Oxford, UK  
  
Service Lead for the Oxfordshire branch of Headwise - a leading national independent-sector provider of community-based neurorehabilitation services. In addition, I provided expert witness reports in relation to assessments of mental capacity.
-  Feb 2015 - Jul 2024  
**Clinical Psychologist**  
Berkshire Healthcare NHS Foundation Trust, Reading, UK  
  
Outpatient neuropsychological assessment and treatment recommendations for patients referred by colleagues in Neurology and Neurorehabilitation services.
-  Dec 2012 - Oct 2019  
**Clinical Psychologist**  
Headwise, Birmingham, UK  
  
Community-based neurorehabilitation input for patients who have sustained acquired brain injuries. Provision of neuropsychology input for a nationwide provider of inpatient residential neurorehabilitation units.
-  Mar 2011 - Dec 2012  
**Clinical Psychologist**  
Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK  
  
Outpatient neuropsychological assessment services to patients referred from colleagues in Neurology, Neurosurgery, and Neurorehabilitation Medicine. Included assessing patients' suitability for neurosurgical interventions as well as assessing post-surgical change. I also provided neuropsychology input for a Level 1 post-acute neurorehabilitation unit.

PROFESSIONAL MEMBERSHIPS

Health and Care Professions Council (HCPC)

Chartered Psychologist (CPsychol)

Associate Fellow of the British Psychological Society (AFBPsS)

Division of Clinical Psychology (DCP)

Division of Neuropsychology (DoN)

UK Acquired Brain Injury Forum (UKABIF)



EDUCATION



Oct 2007 - Sep 2010

**Doctorate in Clinical Psychology (DClinPsy)**  
University of Sheffield, UK

Sep 2000 - Jun 2004

**M.A. (hons) Psychology (2:1)**  
University of St Andrews, UK



SELECTIVE PUBLICATIONS AND PRESENTATIONS

Worthington, A. & Gray, A.M. (In press). Apathy & disorders of diminished motivation. In N. Agrawal & P. Jenkins (Eds.), *Oxford Textbook of Traumatic Brain Injury*. Oxford: Oxford University Press.

Butler, H., Curvis, W. & Gray, A.M., et al. (2024). 'What's our new normal?': How people make sense of their partner's cognitive and emotional difficulties following acquired brain injury. *Chronic Illness*. (submitted)

Gray, A.M. (2023, November). *Borderline personality disorder and acquired brain injury: a hidden challenge*. Platform presentation at the Predicting the Unpredictable conference held by ABI Solutions, London.

Gray, A.M. (Guest). (2022, November 15). What is the frontal lobe paradox? (no 58) [audio podcast]. In *Legal Thinking*. Royds Withy King.

Singh, R., Küçükdevci, A.A., Grabljevec, K. & Gray, A. (2018) The role of interdisciplinary teams in physical and rehabilitation medicine. *Journal of Rehabilitation Medicine*, 50, 673-678.

Gray, A.M. (2016, Nov). Caregiver burden and traumatic brain injury: a review of the literature. Platform presentation at Headwise annual conference, Birmingham, UK.

Gray, A.M. (2015, Nov). *Psychological approaches to intervening with challenging behaviour*. Platform presentation at Headwise annual conference, Birmingham, UK.

Gray, A.M. (2015, Nov). *Emotional disorders after Traumatic Brain Injury (TBI): the search for a new identity*. Platform presentation at Headwise annual conference, Birmingham, UK.

Gray, A.M. (2014, November). *Executive cognitive deficits in primary dystonia: a cross sectional study comparing patients' performance to published normative data*. Poster presented at the Division of Neuropsychology annual conference, London, UK.

Gray, A.M., Pounds-Cornish, E., Eccles F.J.R., et al. (2014) Deep brain stimulation as a treatment for neuropathic pain: a longitudinal study addressing neuropsychological outcomes. *Journal of Pain*, 15, 283-292.

Gray AM. (2013, July). *The role of motor, psychiatric and cognitive symptoms in predicting caregiver burden in Parkinson's disease: a review of the literature*. Platform presentation at the 10th Conference of the Neuropsychological Rehabilitation Special Interest Group, Maastricht, Netherlands.

Gray, A.M., Isaac, C.L. & Scott, R.B. (2010). Understanding expectations of, and satisfaction with, deep brain stimulation of the subthalamic nucleus: patient and carer perspectives in Parkinson's disease. Sheffield: University of Sheffield.